

Goals & Objectives for Psychiatry Rotation (PGY1-4)

The Barnes inpatient Psychiatry service exposes the resident to patients with a broad variety of psychopathology. A full range of treatment modalities is used to treat inpatients, including pharmacotherapy, electroconvulsive therapy (ECT), and a variety of psychotherapies. Specialized services include a geriatric psychiatry unit, an intensive care unit, and a day hospital. Patients' physical health ranges from healthy to seriously ill. Residents at all levels will be expected to participate in inpatient care, rounds and conferences. Residents will be expected to develop a basic mastery of these objectives.

Patient Care

Goal: The resident rotating on Psychiatry will begin to develop their understanding and knowledge concerning the historical, cultural, legal, and ethical aspects of psychiatric treatment.

Residents are expected to:

Objectives:

- Demonstrate an ability to obtain thorough histories from patients hospitalized in an inpatient psychiatric unit.
- Formulate a basic differential diagnosis and gather appropriate information to narrow the differential.
- Demonstrate an ability to accurately diagnose psychiatric disorders seen in the inpatient setting.
- Develop a biopsychosocial treatment plan.
- Demonstrate safe prescription of psychotropic medications.
- Demonstrate an awareness of appropriate psychotherapeutic techniques for issues arising during inpatient hospitalization.
- Demonstrate the ability to coordinate thorough follow up plans for discharged patients.
- Present cases succinctly and accurately
- Understand the importance of proper documentation in the clinical record
- Gain skills as a teacher

Medical Knowledge

Goal: The resident rotating on Psychiatry Rotation must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to care of patients with urgent and chronic psychiatric problems. Residents are expected to:

Objectives:

- Demonstrate the ability to accurately diagnose patients using current DSM criteria.
- Show an ability to appropriately seek consultation from other hospital services when necessary.
- Develop an understanding of the symptomatology, epidemiology, genetics and course of the basic common psychiatric syndromes.
- Develop a basic understanding of the pharmacokinetic and pharmacodynamic properties of commonly used psychiatric medications.
- Develop differential diagnosis of psychiatric symptomatology and the importance of biologic, psychologic and social aspects of symptoms.
- Learn some of the common indications for the use of ECT
- Learn the appropriate use of laboratory and psychological testing

Practice-based Learning and Improvement

Goal: The resident rotating on Psychiatry Rotation must demonstrate the ability to investigate and evaluate their care of medical patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self- evaluation and life-long learning. Residents are expected to develop skills and habits to be able to meet the following goals:

Objectives:

- Demonstrate the ability to seek appropriate supervision.
- Demonstrate the ability to incorporate lessons learned from supervision into new knowledge, skills and professional attitudes.
- Demonstrate the ability to educate medical students on basic principles of psychiatry.
- Gain skills of self-education.

Interpersonal and Communication Skills

Goal: The resident rotating on Psychiatry Rotation must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and health professionals. Residents are expected to:

Objectives:

- Demonstrate an ability to empathically interview patients with psychiatric disorders.
- Demonstrate a basic ability to effectively communicate clinical information to a patient and his/her family.
- Effectively communicate cross coverage issues to resident colleagues to provide continuity of care.
- Demonstrate the ability to effectively communicate with other members of the treatment team.
- Demonstrate competent consultation with other specialists and referring physicians.
- Understand the importance of family in helping with assessment and treatment
- Understand the role of other mental health professionals including psychologists, nursing staff, social work staff, and activity therapy staff

Professionalism

Goal: The resident rotating on Psychiatry Rotation must demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles.

Residents are expected to:

Objectives:

- Demonstrate sensitivity to patients' ethnicity, gender, age and disabilities
- Demonstrate a commitment to ethical principles such as confidentiality and informed consent.
- Demonstrate respect, compassion and integrity in carrying out patient care duties.
- Demonstrate a commitment to pursuing professional development activities.
- Complete documentation of patient encounters in a timely fashion.

Systems-based Practice

Goal: The resident rotating on Psychiatry Rotation must demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care. Residents are expected to:

Objectives:

- Demonstrate an ability to effectively provide testimony in civil commitment hearings while maintaining a doctor-patient relationship.
- Effectively coordinate patient care with a multidisciplinary team.
- Understand the appropriate use of inpatient services and managed care

- Understand the principles underlying interactions with the court system including involuntary commitment of psychiatrically ill patients

Evaluations: The objectives will be measured by attendance and by formal evaluation of the resident's participation and knowledge. Evaluations will be completed by the attending physicians at the end of the rotation.